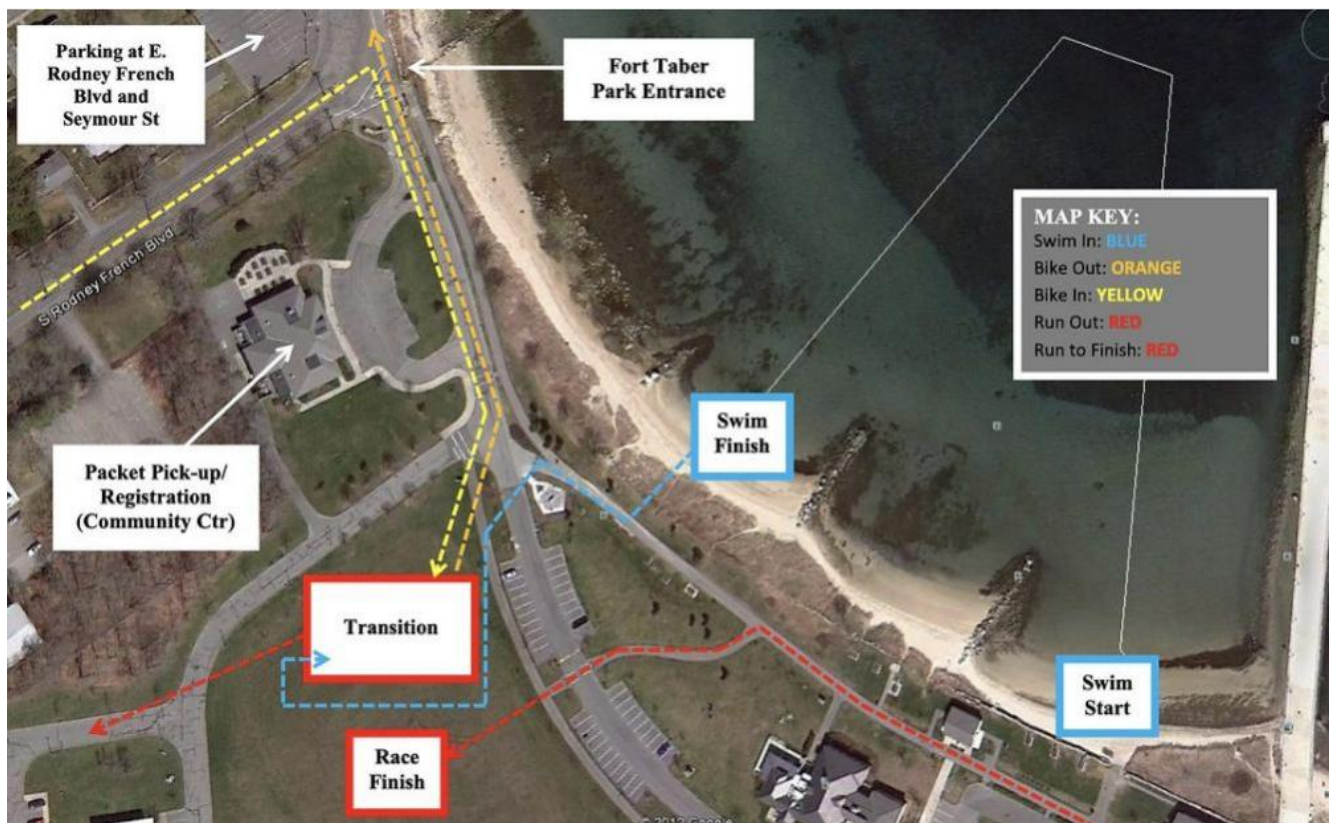


# Traffic Alert! 2023 Whaling City Triathlon to lead to several New Bedford road closures

If you are planning for a beach day this Sunday, July 16th prepare for the Fort Taber area to be busier than usual. The 2023 Whaling City Triathlon will be taking place at Fort Taber Park and surrounding waterfront areas starting at 7:30AM.

The Whaling City Triathlon consists of a 0.25 mile swim, 11.4 mile bike and 3.1 mile run.

The swimming segment is located along East Beach inside Fort Taber:



*The Swimming portion's route.*

The biking segment spans across East beach and West Beach:



*The Running portion's route.*

**The running segment spans across West Beach and Fort Taber:**



*The Biking portion's route.*

**Here is the official schedule so you can plan accordingly:**

- **5:30am:** Packet pick-up begins at the Fort Taber Park Community Center; transition opens and body marking available
- **6:50am:** Pre-race announcements from the Race Director (athletes must be in or near transition to hear pre-race announcements)
- **7:00am:** Packet pick-up concludes
- **7:00am-7:20am:** Swim warm-up
- **7:30am:** First swim wave sent into the water
- **7:45am:** Male athletes in the duathlon start
- **7:50am:** Female athletes in the duathlon start
- **10:00am (est.):** Awards ceremony