New Bedford Fire and Police Department respond to "woman in crisis" in water at city beach

New Bedford Fire and Police saved a woman out of the the water just off a pier behind the "SMAST building" in the south end of New Bedford on Sunday afternoon. Initially, it appeared that the woman was drowning and in need of assistance, but once first responders arrived it was apparent that she was in a crisis and did not want to be rescued.

More than a dozen first responders were on the shore and pier as well as multiple police boats. Officers jumped off the boat and were able to bring the woman to shore after she put up a struggle to stay in the water. In order to safely get her onto land, officers were in the water for roughly 6 minutes.

Carlos Pimental Felix captured the rescue on video here:

It's important to remember that mental health is a serious issue and there are resources available if you or a loved one needs help.

There's help out there if you're in crisis: Suicide Prevention Crisis Hotlines A list of mental health facilities in the South Coast can be found HERE.