

New Bedford Parks, Recreation & Beaches Announces Their Summer Programs

If you're looking for some fun activities to get your kids involved in, NB Parks, Recreation & Beaches has all sorts of things happening this summer. And its not just for the kids, there are great things to do for adults as well. Some programs do have deadlines that are fast approaching so don't wait to sign up! *All the clinics and activities can be found on their website* www.NBPRB.com

The Youth United program is enrolling NOW! July 6th is the deadline:

Registration ends
July 6th!



YOUTH UNITED SUMMMER PROGRAM

Activities Include:

- BASKETBALL SKILLS..... w/ Brian Baptiste
- SPEED & AGILITY..... w/ Norm Meltzer
- YOGA for KIDS..... w/ Vineeta Singh
- DANCE for KIDS..... w/ Nicole Gallo
- SAFETY & SWIM SKILLS.. w/ NB Lifeguards
- BEACH COMBING..... w/ Buzzards Bay Coalition
- BOSTON vs BULLIES..... Anti-Bullying program
- ART for KIDS..... w/ Devin Nived McLaughlin
- NATURE for KIDS..... w/ Mass Audubon Society

	Mon	Tue	Wed	Thu	Fri
Session 1	7/12	7/13	7/14	7/15	7/16
Session 2	7/19	7/20	7/21	7/22	7/23
Basketball	✓	✓	✓	✓	—
Speed & Agility	✓	✓	✓	✓	—
Yoga	✓	✓	✓	✓	—
Dance	✓	✓	✓	✓	—
Swim Safety	✓	✓	✓	✓	—
Beach Combing	✓	—	—	—	—
Art Class	—	✓	✓	—	—
Birds in Nature	—	—	—	✓	—
Anti Bullying	—	—	—	—	✓
Nature Walk	—	—	—	—	✓
Nature Center	—	—	—	—	✓
Splash Pads	—	—	—	—	✓
Free Play	—	—	—	—	✓

✓ = Activity offered on this day
— = Activity Not Available on this day

Children will participate in all activities provided each day!



Group 1 - Ages: 9-11
Group 2 - Ages 12-14



2-Sessions Available
Week 1: July 12-16, M-F
Week 2: July 19-23, M-F
Time: 8:30AM-2:30PM



New Bedford Res: \$195
Non-Residents: \$295

REGISTER ONLINE
at **NBPRB.com**



Questions?
Email: info.prb@newbedford-ma.gov
Call: 508-961-3015



Interested in learning Karate? The Kenpo Karate class is every Monday at the Andrea McCoy Rec center! You can join the first Monday of every month. Drop-ins welcome.

KENPO KARATE!

WITH DONNA BOSWORTH

AT THE ANDREA MCCOY RECREATION CENTER



Monday: 5:00-6:00 PM

Join: 1st Monday each month

Try a day: Drop-Ins Welcome!



**CLASSES NOW
AVAILABLE!**



Join Today at www.NBPRB.com!



All COVID-19 SAFETY GUIDELINES APPLY

Our Website Translates into many different languages.

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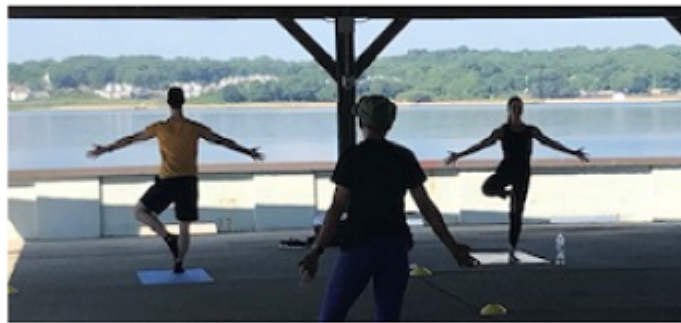
Starting July 7th the popular Sunrise Yoga (and Pilates!) returns to Fort Taber. Classes are only \$12 per sessions. Try it and see if you like it, drop-ins welcome!



PRESENTS

SUNRISE YOGA & PILATES!

At FORT TABER WITH STEVE & NICOLE



Fee: \$12.00 per class



JULY 7-28

WED MORNINGS: 6:45-7:45 AM

This program will provide 30 Minutes of Pilates & 30 Minutes of Yoga.
Enjoy the benefits of two great movement practices!

Join Today at www.NBPRB.com!

Try a day: Drop-Ins welcome!

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Be sure to follow New Bedford Parks, Recreation & Beaches on Facebook for updates and new programs! Remember you can register online at: www.NBPRB.com