

# Faces Of New Bedford #192: Heather Dextradeur

Meet Heather Dextradeur, 45-year-old Assistant Director at Lifestream and Bridges-To-Faith Coordinator with Better Community Living. Heather got involved with working with the developmentally disabled community when she was 24-years-old, as a student at BCC.



Starting in direct care with Lifestream, she fell in love with her work and has never looked back. She would eventually move on to manage the home she was working in. When she took the position she thought that she would spend her time teaching life skills and things like that, but she has realized how much she has learned from them.

No only does she spend her days working to impact the lives of those developmentally disabled, but she goes home to foster 3 adults who need live-in assistance. She also works with Bridges-to-Faith to help those with mental disabilities to build and foster relationships, no matter the religion they decide to seek.

---

*Faces of New Bedford is a project by Colton Simmons. If you are interested in booking a shoot or getting prints from the series email all inquiries to [colton@coltonsimmons.com](mailto:colton@coltonsimmons.com). Follow Colton on Instagram: <https://instagram.com/simmonscolton>*

Read more of the Faces of New Bedford series [here](#).