

Muffins recalled from Walmart, 7-Eleven, other retailers because of Listeria test

Listeria tests have prompted the recall of more than two dozen kinds of muffin products from retailers nationwide, including from Walmart and 7-Eleven stores.

Give and Go Prepared Foods (U.S.A.) Corp. initiated the recall after receiving test results, according to the company's recall notice posted by the Food and Drug Administration.

"We became aware of this issue as part of our environmental monitoring program," according to the notice. "To date, we have received no reports of illness related to this issue and are taking this action out of an abundance of caution.

"Consumers who have these products should immediately dispose of the products and not eat them."

The recalled muffins are sold under a variety of brands and packaged in various configurations ranging from single muffins to cases. The recalled Give & Go products under recall were not sold outside of the United States.

There is concern that consumers may have the recalled muffins in their homes. Consumers can use the following label information to determine whether they have the implicated muffins.

"Consumers should make a note of the lot code of the products, which is found on the label, and provide it if they contact us," according to the company recall notice. "Consumers can contact the company at 844-366-1171 to obtain more information

about the recall 24 hours a day.”

[Click here](#) to see full list and/or view photos of the recalled muffins.

About Listeria infections

Food contaminated with *Listeria monocytogenes* may not look or smell spoiled but can still cause serious and sometimes life-threatening infections. Anyone who has eaten any recalled products and developed symptoms of Listeria infection should seek medical treatment and tell their doctors about the possible Listeria exposure.

Also, anyone who has eaten any of the recalled products should monitor themselves for symptoms during the coming weeks because it can take up to 70 days after exposure to Listeria for symptoms of listeriosis to develop.

Symptoms of Listeria infection can include vomiting, nausea, persistent fever, muscle aches, severe headache, and neck stiffness. Specific laboratory tests are required to diagnose Listeria infections, which can mimic other illnesses.

Pregnant women, the elderly, young children, and people such as cancer patients who have weakened immune systems are particularly at risk of serious illnesses, life-threatening infections, and other complications. Although infected pregnant women may experience only mild, flu-like symptoms, their infections can lead to premature delivery, infection of the newborn, or even stillbirth.