

Massachusetts officials encourage residents to develop fire escape plan for senior family members

"#OlderAdults are at greater risk of dying in a fire, but a home escape plan can help.

Be sure you and everyone at home know two ways out, practice your route and keep it clear, and keep glasses and hearing aids near your bed at night in case you have to grab them and go." -Massachusetts Department of Fire Services.

Escape Planning for Older Adults



Your risk of dying in a home fire is greater as you get older. Knowing what to do if there is a fire can make a big difference.

- ✓ Know two ways out of every room. Practice using both ways.
- ✓ Remove any items that may block your way out of the room or your home.
- ✓ Discuss your fire escape plan with family and neighbors. Contact your building manager or fire department to discuss your plan if you need extra help escaping.
- ✓ Keep eyeglasses, keys, hearing aids and a phone within reach next to your bed.
- ✓ Practice your home fire escape drill twice a year.



Adults 65 and over are
twice as likely to die in fires

For more information and free resources, visit

www.usfa.fema.gov

Massachusetts Department of Fire Services photo.