

Krav Maga SC expands to add Women's ONLY Self-Defense Class to Curriculum; additional kid's and adult classes



Starting March 3, is a special new class at Krav Maga South Coast

Krav Maga Boston South Coast is expanding its current schedule to include Women's Only Classes and additional Kid's and Adult classes.

Krav Maga Boston South Coast is excited to announce that on March 3, 2014, it is expanding its current schedule of classes. In addition to its current schedule, classes will now be taught on Thursday and early Saturday morning.

Krav Maga Boston South Coast Women's Only class will be held every Saturday morning from 9:00am to 10:00am. The goal is to provide a comfortable training environment for women that may otherwise not feel comfortable training in co-ed classes. The

curriculum taught will be equivalent to beginner level classes. This class is perfect for women with no training experience, high school and college students, those who cannot commit to a full time membership at Krav Maga Boston South Coast, and/or those looking to add some fun to their current workout regimen. The cost for the classes is \$50.00 a month.

Krav Maga Boston South Coast is adding Thursday to its current training schedule. This additional day will allow students with greater flexibility in their training schedule, as well as providing additional opportunities for specialty seminars, such as Home Invasion Seminars, Car jacking Seminars, Ground Fighting Seminars, and Environmental Training Seminars.
