

# 10 Must Attend July AHA! Events



by  
Michael  
Silvia

The theme for July's AHA! is "Kids Rule" and the weather will be in the mid-to-high 80s. The full AHA! schedule can be found [here](#). As an AHA! seasoned veteran, here are the 10 AHA! events (5 kids and 5 adult events) that I recommend you attend this AHA!

Let's start with 5 fun events for the kids.

## 1. Yoga for Kids

Tim Donohue will be hosting Yoga for kids starting at 6:30 p.m. on the lawn of the amazing Rotch-Jones-Duff House & Garden Museum on 396 County Street. There will also be lawn games and old fashion lemonade for sale starting at 5 p.m.

## 2. Lego Engineering for Kids



Bristol Community College is hosting Lego Engineering for Kids on 188 Union Street. Here's your chance to trick your kids into learning while they have fun learning engineering

principles with legos!

### **3. Open Mic for Kids**

Wings Court recently received a make over and the First Unitarian Church "Way Cool Sunday School" will be breaking it in with Open Mic for Kids from 5:30-6:30 p.m.

### **4. Summer Science Street Fair**

The New Bedford Ocean Explorium is hosting a Summer Science Steert Fair from 5-8 p.m. on Purchase Street (between Union and Spring Streets). This is another great way into tricking the kids into learning and having fun!

### **5. Kids Events at Custom House Square**

The center of the AHA! universe during the summer time is the Custom House Square parking lot across from Freestone's Restaurant. It's where Summerfest, Taste of Southcoast and tons of other major New Bedford events are hosted. Starting at 5 p.m. there will be plenty of events for the kids to include Soltice Skate Jam, the New Bedford Art Museum ARTmobile (5-7 p.m.), the New Bedford Public Library's Bookmobile (5-7 p.m.) a Play in the Park Open house presented by New Bedford Parks, Recreation and Beaches, a mobile climbing wall by Carabiner's Climbing and a blood drive.

Here are 5 fun events for adults.

### **1. Downtown Farmers Market**

The downtown New Bedford Farmers Market runs each Thursday from 2-6 p.m. Pick up some fresh produce and support your local farmers. Check out our list of other New Bedford or southcoast, Massachusetts farmers markets.

## 2. Open Mic at Cafe Arpeggio



Every Thursday Cafe Arpeggio (800 Purchase Street) hosts the area's best open mic event. Join dozens of local musicians as they show off their talents from 7-10 p.m. Cafe Arpeggio is also hosting amazingly talented and local musicians Molly O'Leary & Valrie Paynton from 6-7 p.m. Grab a refreshing drink, a Lombahdi Biscotti and enjoy the FREE music.

## 3. Enjoy Some Poetry!

The Bartleby Scrivener Poets Group is hosting an evening of poetry at The Celtic Coffee House on 42 North Water Street from 6-8 p.m. Join in or simply enjoy a coffee and listen to some local poets.

## 4. Ticket "Stick It"

Did you get a \$10 parking ticket in New Bedford recently? Bring it to Rose Alley Ale House (94 Front Street) and get half off your entree. Full details and limitations can be found on Rose Alley's Facebook page.

## **5. Learn About Rowing**

The New Bedford Community Rowers will be in front of the Downtown YMCA on Union Street to demonstrate rowing. Check out the boats, racing gear and get information on what it takes to row the New Bedford harbor.