Gomes School to host annual Wellness Night



MAY 7, 2015 FROM 5:45 P.M. to 7 P.M.

Location: Gomes School Gymnasium - 286 South Second Street

The Alfred J. Gomes School will host its annual Wellness Night on Thursday, May 7, 2015 from 5:45 p.m. to 7 p.m. in the gymnasium of the Gomes School at 286 South Second Street.

The event is a free night for parents and families at Gomes. Students' families have the opportunity to learn different types of exercises that families can do together and that are both fun and healthy for kids and families.

There will also be free snacks and refreshments for families. The Gomes staff and the Gomes community looks forward to welcoming families for Wellness Night on Thursday.