# New Bedford police seize marijuana and \$34,496

New Bedford Police narcotics officers seized 62 grams of marijuana and nearly \$35,000 in cash at 2:32 p.m. on Wednesday after an investigation into a marijuana distribution operation on Tinkham Street in New Bedford.

After a search warrant was executed at the location a 20-year old New Bedford man was charged with possession of marijuana with intent to distribute.

Three bags of marijuana weighing 62 grams, digital scales, packaging material and \$34,496 in currency were located in the apartment.

A 44-year old New Bedford man was present in the apartment when the warrant was executed and was arrested on a warrant charge. The warrant was unrelated to Wednesday's drug charges.

## Keith Middle School headed to MathCounts State Finals

Keith Middle School placed second in the Southeast Massachusetts Chapter Competition of MathCounts on February 1. With 15 schools participating, just four schools including Keith qualified for the Massachusetts state final competition in March.

Keith Middle School is the first New Bedford public school to qualify for the state finals.

MathCounts is a national organization with competitions that test students' math skills and their collaborative skills working together as small teams.

The Southeast Massachusetts Chapter Competition was hosted at Keith Middle School and conducted by the Naval Undersea Warfare Center of Newport, R.I. Middle schools from across southeastern Massachusetts, as far away as Norwell, Martha's Vineyard and Falmouth participated, with more than 130 students involved.

Keith Middle School will participate in the March 4 state finals in Boston; state champions will compete at Disney World in Orlando, Fla., for the national championship in May.

"We wish our students luck at the state championship in March as they demonstrate not only their brilliance in math but their strengths in working together and competing as a team," said Superintendent Pia Durkin. "Our students and staff in MathCounts at Keith Middle School as well as our partners at the Naval Undersea Warfare Center continue to excel and we look forward to cheering them on in Boston next month."

# 16-year old arrested with loaded firearm without a license to carry or drive

New Bedford police took a loaded firearm off the street Wednesday and arrested a 16-year-old New Bedford resident after making a traffic stop.

The juvenile was arrested on charges of carrying a loaded

firearm, carrying a firearm without a license and motor vehicle violations after a traffic stop near Cedar and Smith streets.

Police officers seized a .22 caliber H&R revolver, which was loaded with eight rounds of ammunition.

The juvenile was charged with carrying a firearm without a license, carrying a loaded firearm, failing to stop, unlicensed operation of a motor vehicle and defective equipment.

He was arrested at 4:32 p.m. He was arraigned Thursday in juvenile court and will be held until a dangerous hearing Feb. 7.

## Drug Story Theater coming to the Z on Feb. 9th

Drug Story Theater's The Price You Pay delivers powerful, real-life stories direct from teens struggling with drug and alcohol abuse in a unique and innovative approach to prevention. The improvisational theater-style production integrates teens in recovery, their parents and information about adolescent brain development to inform and educate audiences. The work the teens do with Drug Story Theater aids in their progress and encourages them to lead productive, healthy lives as young adults. Sharing their stories about the seduction and addiction to substances also helps them sow seeds of prevention, especially among peers. "They are addicts, recovering ones, taking their stories onstage in the hope others will shun the path they chose," says Drug Story Theater founder Dr. Joseph Shrand. Join us for this compelling

and timely production.

Full details and tickets: https://zeiterion.org/drug-story-theater/
Thursday, February 9, 7:00pm - \$5

- Performance of "The Price You Pay" by Drug Story Theater
- Resource tables in lobby
- Prayer flags designed by Dartmouth HS students hung in lobby. Blank prayer flags available for audience to design and leave for display at May 11 AHA! night
- Clinicians on hand for audience members who may need support
- "I See, I Feel" prompt: sticky notes that will be transformed into an art installation
- Post-performance Q& A with cast/audience
- Acknowledgement of recovery and survivor community members in attendance
- Post-performance community "hug" from NB Police Chief Joseph Cordeiro
- Expected audience: parents, families, athletes from NBHS, recovery community, survivors, community groups

Drug Story Theater performance for schools — Friday, Mar 24

- SchoolTime performance of The Price You Pay by Drug Story Theater
- Post-performance Q& A with cast/audience
- Pre- and post-performance assessment of students understanding of subject
- Clinicians on hand for audience members who may need support

Creative Expression Project - May 11 AHA!

 An exhibit of prayer flags and art created by the recovery community and students who attended the show.

# New Bedford cold weather overflow shelter activated for Thursday

From the Program Manager at Sister Rose House:

Due to the expected frigid temperature for this evening, the overflow shelter at Sister Rose House on (71 Division Street in New Bedford will be opened this evening. The capacity is 25 and it is a first come, first come basis. Guests should plan to arrive at 6pm and not before. The cut off time for entry into the overflow will be 8pm. Guests will have the opportunity to have a meal, take a shower and get a good night's rest.

As a reminder, Sister Rose is a drug free environment. Any substances found will be discarded. The overflow will tentatively will be open on Friday, Saturday and if the forecast changes potentially Sunday. Any Inquires can be forwarded to Sister Rose and 1-800-homeless.

# The Indigo Spa Company: Providing relaxation, comfort

## and respite in the heart of New Bedford

Are you one to make New Year's resolutions? Chances are that if so, there's something on your list related to improving health, habits, and investing in your overall lifestyle. After the buzz of the holiday craze, it's time to put the focus on you.

If this sounds like something you can relate to, or perhaps you just want to treat yourself to something special — there is a new place in town that specializes in the proverbial "royal" treatment: The Indigo Spa Company at 26 South Water Street, New Bedford.

The cozy spa, which has a very positive, comfortable vibe is owned and operated by Brianne Gracie and Kim Tapper, accommodates both men and women and an age range from tweens and up who are looking to relax, de-stress and rejuvenate themselves. "We understand that many spa treatments are considered a luxury, however, we truly believe that you can't pour from an empty cup. Taking the time out of our busy lives to do something good for ourselves benefits not only us, but also those around us. Take a step back, take a breath, recharge, and replenish. We believe it's not just a luxury, but a necessity and an important part of a balanced life and healthy habits" explained Brianne.



Both feel that they are fortunate to have found careers that they are passionate about. They genuinely enjoy having a positive impact on their clients' well-being and say it's wonderful to be able to offer services and a space that clients can look forward to visiting.

Brianne is a Licensed Massage Therapist with over six years of experience and is certified in pre-natal and oncology massage. She is also a Licensed Cosmetologist with over eight years of experience. Brianne offers therapeutic, Swedish, deep tissue, hot stone massage, body wraps, facials, lash extensions, and nail services.

Kim is a Licensed Esthetician with over twelve years of experience and offers specialized facials including extractions when necessary, skin consultations and analysis, customized home care recommendations, professional chemical peels, full body and facial waxing, brow shaping, make-up applications and lessons.

Their equally passionate team includes the talented Jill

Carty, Olivia Major and Taylor Barboza. Olivia and Taylor are both Licensed Cosmetologists and offer specialized spa manicure and pedicure treatments. They also provide customer service at the reception desk.

The incredible Jill Carty is a Peruvian Shaman, Shaman Teacher and Reiki Master. She offers Shamanic Reiki, Channeled Messages, Spiritual Counseling, Soul Retrieval, and Past Life Regression. Her energy and talents are indescribable and she lives to help people.



The positive energy that this staff exudes is contagious and that creates a warm, welcoming environment. Kim explained that the color "Indigo" in their name represents service to humanity, integrity, and deep sincerity which ties seamlessly into their overall goal and philosophy as service providers. They clearly enjoy being there, doing what they do, and

working with each other and that carries over to what clients feel and experience when they walk through the door.

They take the time to cater to each person and customize that day's treatment accordingly. For example, you will receive a facial treatment tailored to what your skin needs that day: experiencing some sort of breakout? Dehydrated? They have you covered with a variety of treatments and skin care items. Maybe something as simple as switching products could solve your issues and having someone who is an expert on skincare can save you time and money.

Many people visit the spa to relieve stress, but if you're experiencing discomfort or tension, a warm, healing session in the Infrared Sauna combined with a massage will leave you feeling relaxed and wondering why you don't treat yourself more often. We each respond to stress in different ways, but spa treatments in general are designed to balance your mind and body both physically and mentally. The idea is to cater each treatment to suit your individual needs. This is what The Indigo Spa Company excels at.

The relaxation benefits are obvious, but every time I personally receive a treatment, I feel so relaxed it's as if I'm floating. When I leave I actually FEEL re-energized, refreshed and motivated to incorporate spa visits into my lifestyle more regularly. Talk about rejuvenating! The health benefits alone are priceless. You know what they say: "If you don't have your health, you have nothing."



In addition to these services, The Indigo Spa Co. offers: Eminence Organic skincare, spa related products, special gift wrapping, gift cards, and monthly memberships. The spa can accommodate groups, spa days and bridal parties. They are passionate about remaining current in the industry and add new products and services accordingly.

Their Facebook page is definitely worth following as you can catch all of their updates, discounts and specials. They are currently offering 15% off Finn & Co. and Youngblood products.

You don't need to wait any longer to start a resolution like this, you deserve to invest in your wellness all year long! "Take the time to listen to your body. It's often sending you messages such as: Slow down! Breathe! Drink more water! Strive for a work/life balance! We're here to be a part of that journey and do what we can to help you along the way." More wisdom from the Indigo Spa Company!

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Indigo Spa Co. is proud to be participating in the upcoming event "Stand up for Women" Comedy Night sponsored by the Women's Fund of Southeastern Massachusetts where we will be donating a full spa day for two people. The event is April 1, 2017 from 7:00 — 10:00 and is taking place at The Seaport Inn in Fairhaven.

#### The Indigo Spa Co.

26 South Water Street

New Bedford, Massachusetts

Mon: 11:00am-6:00pm

Tue: CLOSED

Wed & Thu: 11:00am-8:00pm

Fri: 11:00am-6:00pm Sat: 9:00am-3:00pm

Sun: CLOSED

**Phone:** (774) 206-1082

Email: theindigospacompany@gmail.com

Website: theindigospacompany.com/

Facebook: facebook.com/TheIndigoSpaCompany/



# Roam the history, art and culture of Cape Cod along the Museum Trail

By Glenn Ritt.

Cape Cod is living history, from the Pilgrim's arrival and beyond to centuries of Native American culture. It is breathtaking nature on land and water. It is maritime tradition, from whaling and sea captains to pirate treasure and shipwrecks. It is art celebrating life from sunrise to sunset. It is science and technology's past and present from

Marconi's discoveries to Woods Hole's underwater explorations.

Now, you can discover all this along the Cape Cod Museum Trail, a world populated by nearly 60 museums from Falmouth to Provincetown. At www.capecodmuseumtrail.com, you will find hundreds of events, exhibits, activities and classes year round to plan your Cape Cod Experience, along with an interactive map and always interesting stories.



At the web site, you can sign up for the Cape Cod Museum Trail newsletter which highlights all the events and activities happening each month. In the busy summer, the newsletter is published weekly.

And you always can visit the Cape Cod Museum Trail on Facebook and Twitter to become part of its ever-expanding community. Every spring, the Museum Trail celebrates with its Festival of Museums.

"This is a one-stop location for anyone who loves history,

art, culture and science," says Peter Muise, CEO of First Citizens Federal Credit Union which sponsors the Museum Trail. "It connects museums, big and small, across all 15 towns of the Cape. When you actually see them all in one place, you are astounded by their scope and diversity."

In a single afternoon, you can go back in time and roam the homes of Colonial settlers and Dennis' first minister to the native Wampanoag, or climb the Pilgrim Monument and the Highland Light House, with each historic step leading to spectacular 360-degree vistas of the Cape.

"The Cape Cod Museum Trail is an invaluable resource to help visitors, fulltime residents and second homeowners in a fun and time-saving way," Muise explained.



You can access it on your computer, phone or tablet at any time. Each museum has its own site along the trail for easy access — from contact information to hours of operation to

photo galleries and directions.

Events, classes and exhibits can be searched by day, week and month. "That's particularly valuable in the summer when there can be more than 400 listings at any one time," noted Muise.

It may surprise many that museums on the Cape often host some of the most compelling entertainment events, from classic movies to chamber music to concerts ranging from country to rock. And many offer continuing education ranging from cooking and dance to pottery and foreign languages.

They also take you beyond traditional museum walls to walking trails and mudflats, from windmills to bird blinds.

"The Cape Cod Museum Trail is designed as an intimate experience because our mission is to connect each museum directly to their public," said Muise. "We are much more than a digital world. We work with all the museums all the time, individually and together in a collaborative fashion."

As a result, the Cape Cod Museum Trail is evolving every day. Visitors are encouraged to communicate with their recommendations and experiences at the bottom of every story and at Facebook.



"The Cape itself is a giant, living museum. You see that so clearly when you visit the Museum Trail," observes Muise. Enjoy hundreds of pieces of art from Provincetown to Dennis while watching Osprey feed their babies or a kingfisher dive for breakfast on a kettle pond. Now it's all in one place." Plan to join us on May 6 for the Festival of Museums at the Hyannis Youth and Community Center from 10 am to 4 pm. It's free for the entire family.

Brought to you by First Citizens' Federal Credit Union who is proud to introduce the Cape Cod Museum Trail — built to connect museums all over the Cape.

### Cape Cod Museum Trail

Website: capecodmuseumtrail.org

Facebook: facebook.com/capecodmuseumtrail/

EMail: info@capecodmuseumtrail.org

#### First Citizen's Credit Union

200 Mill Road, Suite 100 Fairhaven, Massachusetts

**Phone:** (800) 642-7515

Website:firstcitizens.org/

Facebook: facebook.com/FirstCitizensFCU/

EMail: info@firstcitizens.org

# HELP WANTED: Child & Family Services Seeking To Fill Multiple Positions

### **Emergency Services Clinicians**

NEW BEDFORD-We are looking for full-time, part-time or per diem employees for our Emergency Service Program. Emergency Services is an exciting and challenging program. These are great positions for recent graduates looking to hone their skills or the seasoned veteran looking for a challenge.

Available shifts: 1st Shift, 2nd Shift and Overnight positions

Job Code: ESCNB1

#### **Qualifications**

- Masters degree in social work, psychology or related field
- Experience with computers, specifically electronic health records systems
- Ability to work a flexible schedule including weekends

#### **Responsibilities**

The following responsibilities are not meant to be all inclusive and may be adjusted to meet the agency's needs.

- Complete intake data form by telephone or in person either on site or at outreach locations
- Confirm health care coverage
- Conduct comprehensive mental health status exam utilizing an admissions/screening instrument which includes providing a diagnosis in accordance with the DSM IV and DSM V
- Telephone screening and consultations
- Understanding of different treatment modalities that can be applied to stabilize clients in their home and prevent hospitalization
- Consult with clinic director/administrator on call and or consulting psychiatrist prior to disposition plan to include outpatient services, hospitalization or hospital diversion
- Participate in regularly scheduled clinical supervision, staff meetings, staff development and training curriculum

View Available Benefits

If you are interested in applying for this position online, you can do so here

### Clinician — In-Home Therapy

FALL RIVER, MA—Child & Family Services is looking for a full-time, 40 hour per week, In-home therapy clinician. In-Home Therapy is a structured, consistent, strengths-based therapeutic relationship between a licensed clinician and the youth and family for the purpose of meeting the youth's

behavioral health needs, including improving the family's ability to provide effective support for the youth to promote his/her healthy functioning within the family. Interventions are designed to enhance the family's capacity to improve the youth's functioning in the home and community and may prevent the need for the youth's admission to an inpatient hospital, residential treatment facility or other treatment setting.

#### JOB CODE: FRIHT01

#### **Qualifications:**

- Masters Degree in psychology, social work or a related field from an accredited educational institution
- Experience in adolescent/family and intensive home-based family interventions
- Able to provide clinical care and support toward effort to prevent hospitalization and maintain youth safely in community
- A valid drivers license and reliable transportation
- -Ability to work some evenings and a weekend day preferred

#### Responsibilities:

The following responsibilities are not meant to be all inclusive and may be adjusted to meet the agency's needs.

- Provide direct diagnostic, crisis intervention and treatment services including behavioral strategies within a therapeutic relationship to assist persons to achieve stabilization with the family
- Utilize diagnostic skills involving practical knowledge of the DSM-IV and DSM V and family assessment tools
- Aggression outreach, tracking and follow-up
- Maintain production expectations and record keeping requirements
- Behavioral management training
- Provide diagnostic and treatment consultation to other

agency programs and community agencies

- Provide family therapy
- Participate in appropriate clinical and administrative staff meetings
- Participate in independent education and training opportunities
- Training assistance in decision-making, vocational guidance, skill building, problem solving, and support in both crisis and non-crisis situations

View Available Benefits

If you are interested in applying for this position online, you can do so here

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#### Clinician - School-based

NEW BEDFORD, MA—We are looking for a school-based clinician for our busy Pleasant St. Clinic. We have the option of a full-time position with quarterly incentives based on production, or a full-time fee-for-service position.

JOB CODE: NBCL1

#### Qualifications:

- Masters level degree in counseling, psychology, social work or a related field from an accredited educational institution
- Must be licensed
- Experience with computers, specifically Electronic Health Records systems

#### Responsibilities:

The following responsibilities are not meant to be all inclusive and may be adjusted to meet the agency's needs.

- Conduct five to six individual sessions per day at the school covering topics such as developing social skills, anger management, peer-to-peer relations, and others as the need and/or interest arises from the school
- Assess, diagnose, and provide therapeutic treatment following an individualized treatment plan
- Provide family therapy and make collateral contacts on a regular basis
- Attend School Based Monthly Meeting
- Represent the agency in a positive manner and network well with the school personnel
- Provide ongoing therapeutic services for students
- Provide direct diagnostic, crisis intervention and treatment services using bio-psychosocial methods within a therapeutic relationship to assist person(s) to achieve a higher level of functioning
- Utilize diagnostic skills involving practical knowledge of the DSM IV and DSM V
- Participate in multi-disciplinary team as needed
- Participate in appropriate clinical and administrative staff meetings
- Participate in weekly/bi-weekly supervision with supervisor

View Available Benefits

If you are interested in applying for this position online, you can do so here

### Arrest Made For New Bedford

## Murder; Arraignment Today

An arrest has been made for the Monday night New Bedford stabbing murder of Emmanuel Fuentes, Bristol County District Attorney Thomas M. Quinn III and New Bedford Police Chief Joseph Cordeiro announced.

Jorge Arce, 37, of 172 Oak Street, Taunton, was arrested last night by a Massachusetts State Police Trooper on Route 24 in Bridgewater without incident.

The defendant will be arraigned on a charge of murder this morning in New Bedford District Court.

At around 10:41 Sunday night, New Bedford Police received a 911 call regarding a man being stabbed outside of 357 Ashley Boulevard. When first responders arrived they found the victim, a 22-year-old New Bedford man, bleeding profusely. The victim was rushed to St. Luke's Hospital in New Bedford, where he died from his injuries around 11:40 pm.

The arraignment will be handled by Assistant District Attorney Dennis Collins, the Chief of District Attorney Quinn's Homicide Unit.

22-year old New Bedford man stabbed to death

## Laundry Love helps the less fortunate in New Bedford

Laundry Love is an amazing program in New Bedford where

volunteers from Grace Episcopal Church help the homeless get their clothes cleaned. SouthCoast Health provides a grant for the program and also shows up with the Southcoast Wellness Van to provide FREE shots and health care.