

New Bedford firefighters respond to boat fire on Homers Wharf

New Bedford fire fighters responded to a boat fire last night on Homers Wharf around 5:30pm. The fire was contained to below the wheelhouse with some extension into the wheelhouse. The fire was determined to be electrical and no injuries reported.

Video by Carlos Pimentel Felix

New Bedford police investigating three swastikas spray painted on Mill Street

New Bedford Police are investigating after vandals spray painted three swastikas on the sidewalk on Mill Street near County Street. The graffiti was discovered around 8:34 p.m Tuesday. It is not known when it was painted.

The graffiti appears to be connected with the graffiti discovered on Tuesday on Dover Street and may have been painted overnight Monday into Tuesday. The graffiti was photographed and the Department of Public Infrastructure has been contacted to remove it. The Dover Street graffiti has already been powerwashed off. There are no suspects at this time.

New Bedford police are actively investigating. Anyone with information is asked to call the police department at

508-991-6350 or the anonymous tip line at 508-992-7463 or e-mail tip@newbedfordpd.com.

18 Demonstrators arrested for blocking roads at Pipeline Project in Sandisfield

The names of those charged with trespassing today in Sandisfield are listed below. To reiterate what was previously released, the 18 protesters blocked two access roads and indicated that they wanted to be arrested. They notified State Police beforehand that they would not comply with requests to disperse from the roads. After the protesters, in two groups of nine, chose not to comply with repeated requests to them to cease blocking the access roads, they were charged with trespassing. They are scheduled to appear in Great Barrington District Court next Monday.

All those arrested were respectful and peaceful.

Those arrested were:

JOHN K. COHEN, 79, of Northampton;
RONALD R. COLER, 61, of Ashfield;
JOAN L. LEVY, 64, of Pelham;
REMA LOEB, 84, of Plainfield;
MICKY McKINLEY, 72, of Montague;
ASAPH MURFIN, 74, of Leverett;
HARRIET NESTEL, 78, of Athol;
JAMES PERKINS, 78, of Leverett;
AMY PULLEY, 61, of Cummington;
DIANE SIBLEY, 68, of Ashfield;

VIVIENNE L. SIMON, 66, of Northampton;
STEPHEN J. STOIA, 69, of Northfield;
SUSAN L. TRIOLO, 67, of Sunderland;
BENJAMIN JAMES VANARNAM, 30, of Easthampton;
LYDIA VERNON-JONES, 68, of Amherst;
RUSSELL VERNON-JONES, 70, of Amherst;
MARTIN H. URBEL, 74, of Northampton; and
KEVIN A. YOUNG, 32, of Northampton.

Massachusetts State Police arrested 18 demonstrators for trespassing at two separate locations at the Sandisfield Pipeline Extension project this morning. The arrested persons were in two groups of nine, with each group blocking a different access road to obstruct members of the project team conducting tree cutting operations. The blocked locations were approximately one-half mile apart.

The demonstrators were all peaceful and respectful. After refusing requests to move from the roads, they were arrested and charged with trespassing. They will be brought to the Berkshire County House of Correction for processing and eventually arraigned in the Great Barrington District Court.

**7 Reasons to participate in
the American Heart
Association's Annual Heart**

Walk on Saturday, May 13

Each year the American Heart Association – Southern New England has its “Heart Walk” to raise awareness for America’s #1 killer. In spite of the overwhelming amount of information out there, heart disease continues to be the nation’s largest health concern.

Making sure that the proper information is reaching the community is important in a world of information overload. However, that is just the beginning. Being inspired and motivated is a major element in helping people forge ahead when it comes to improving their heart health, especially when we all struggle with food cravings or just not feeling like we have enough energy to exercise.

The American Heart Association’s Heart Walk is a superlative event to hear the proper information from some of the area’s most qualified and knowledgeable medical experts. A time to hear inspiring anecdotes from those who have made significant changes in their lives to improve their health. A time for **you** to inspire others to make that change.

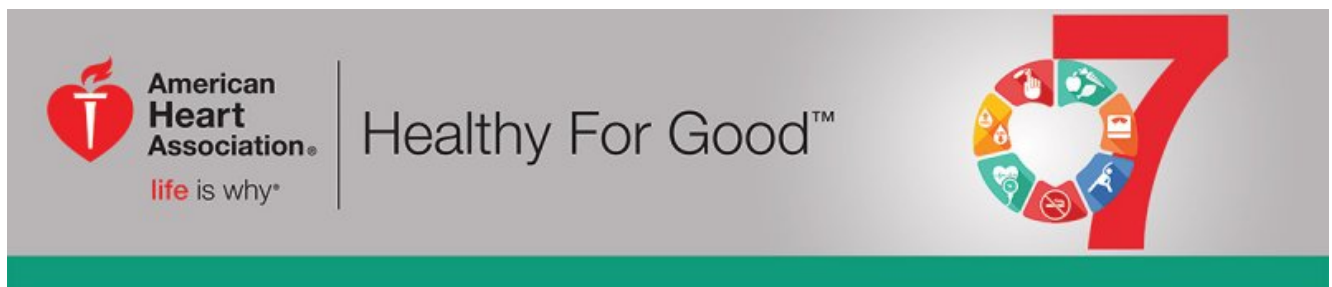
With an eye on the future of the nation’s health, their 2020 Impact Goal is to improve the cardiovascular health of all Americans by 20 percent while reducing death from cardiovascular diseases and stroke by 20 percent. With that in mind the American Heart Association has drawn up a “Life’s Simple 7.” These are, essentially, 7 risk factors in your life that either make you or break your heart health.

How does this tie into the Heart Walk? These seven risk factors are seven reasons to participate in the walk!

In a world full of challenges to our health and well-being, it can be difficult to find the time and resources to take care

of ourselves—and those we care about. Do you wish that you could make a heart-healthy difference, today, –for yourself, your colleagues, and your loved ones, but you aren't sure where to begin?

You and those you care about can get healthy—and you can start right now—with Life's Simple 7 and the My Life Check Assessment from the American Heart Association. These free online tools can help individuals to privately evaluate their heart health, learn more about seven risk factors for heart disease, and take action to make simple changes that can both improve quality of life and save lives.



Get your My Life Check® Assessment now at heart.org/mylifecheck.

Challenge Yourself

Take the My Life Check Assessment online, today. The

assessment is quick and easy! Visit mylifecheck.heart.org/PledgePage.aspx to do yours.

Challenge Your Colleagues

You can foster a healthy workplace by challenging colleagues and employees to take the health assessment. Remember, results are private and individual.

Challenge Those You Care About

Share the Life Check Assessment with those closest to you. Anyone can take the assessment.

Learn the Simple Seven; Take Small Steps to Decrease Your Risk

Get active. Control cholesterol. Eat better. Manage blood pressure. Lose weight. Reduce blood sugar. Stop smoking. Learn about these 7 risk factors, and how to take small steps toward controlling risk. Share the Simple 7 with everyone you know: [/mylifecheck.heart.org/Multitab.aspx?NavID=3&CultureCode=en-US](http://mylifecheck.heart.org/Multitab.aspx?NavID=3&CultureCode=en-US)

How To Participate

Want to participate in the Heart Walk alone, or with family and/or friends? The 2 or 3 $\frac{1}{2}$ Mile Walk takes place at UMass Dartmouth on Saturday, May 13th from 8:00am-1:00pm. The 2 mile walk is a special "heart and stroke survivor" route and there is the alternative 3.5-mile walk route. The event will include free health screenings, entertainment, cardiovascular advice from experts, giveaways, a kids' zone, and healthy snacks. The Kids Heart Challenge, a $\frac{1}{2}$ mile obstacle course for kids ages 5-12, will also be kicked off after the Heart Walk.

The 2016 Heart Walk drew more than 9,000 participants and raised over \$800,000 for the fight against heart disease and stroke. The American Heart Association uses the funds raised through the Heart Walk to finance cutting-edge scientific research, conduct public and professional educational programs and advocate for public health. In Rhode Island and Massachusetts alone, the American Heart Association funded more than \$36 million in scientific research last year.

Register your team to walk with your community at the Heart Walk! There is no minimum donation to participate. Raise at least \$100 and earn an official Heart Walk t-shirt!

Registration: 8:00 AM

Walk Start: 9:00 AM

For more information on Heart Walk teams, sponsorship and volunteer opportunities, please call 401-228-2335 or visit SNEHeartWalk.org Go directly to the Facebook Event Page [here](#)

Black Hat Brew Works Increases Production and Adds Outdoor Patio Just in Time for Summer

All photos by Josh Souza.

Looking for a new hangout this summer where you can hang out with friends while enjoying the weather with fresh food and drink? Black Hat Brew Works in Bridgewater is the place to check out.

Black Hat offers a diverse variety of craft beer with a draft rotation that changes up weekly.

Whether you're a seasoned craft beer enthusiast or just a casual beer drinker, Black Hat has a beer for you. Their staple and most popular is the Bridgewater Blonde Ale, which is light and smooth and perfect for those that are "intimidated" about trying craft beer. Other selections include a variety of India Pale Ales, Saisons, Belgian-style

brews and robust stouts and porters.



Regardless of what you order, you'll surely be served with a smile by a growing staff behind the bar, led by owner and brewer Paul Mulcahy who's joined by his brother Scott Galpin and childhood friend Jay Brown.

The brewery opened on Black Hat Friday (Black Friday) in 2015 and sold out of eight kegs in nearly six hours. If that wasn't impressive enough, the following Christmas Eve they opened to a line wrapped around their building and sold out of eight more kegs in less than two hours!

From the early beginnings of brewing on a small homebrew system in a shed to celebrating a year and a half at a 2,200 sq. ft. building, Black Hat has just completed some major work expanding their production as well as their taproom for a huge summer.

A new concrete patio installed along the side of the building adds more space to the taproom and the perfect place to relax on a warm summer afternoon. The patio features custom picnic

tables, rocking chairs and even a sectional couch.

If you begin to feel a little hungry as you soak up the sun on a Saturday afternoon, fret not as a variety of snacking options will be available for your pleasure. The brewery itself will begin selling fresh baked pretzels along with prepared spreads of meats and cheeses.

If you're looking for something a bit more wholesome, each Saturday will feature a different food truck throughout the summer. One week you can catch 10B Pasta Company serving up Italian fare, another week may feature grilled cheeses from Mom on the Go, or even a fresh pizza baked in a brick oven from Fiamma Bella.

All this fun is great for patrons, but some of the serious work is being done behind the scenes (although you can see a lot of the production area through a window in the taproom). As some shiny new equipment arrived over the winter, the brewery is now able to potentially triple production, jumping from 200 barrels of beer produced last year to possibly 600bbls this year.



Part of the increased production is thanks to a new partnership with Bog Iron Brewing in Norton, MA. Mulcahy gets to brew his flagship beers such as B'Water Blonde and Ambah at Bog Iron while utilizing his own system to focus on new beers to add into the rotation. This also opens up the possibility of increased draft accounts and Black Hat beer being served in more bars and restaurants plus an additional day of operation. Beginning in June, the taproom will be open Wednesday through Saturday.

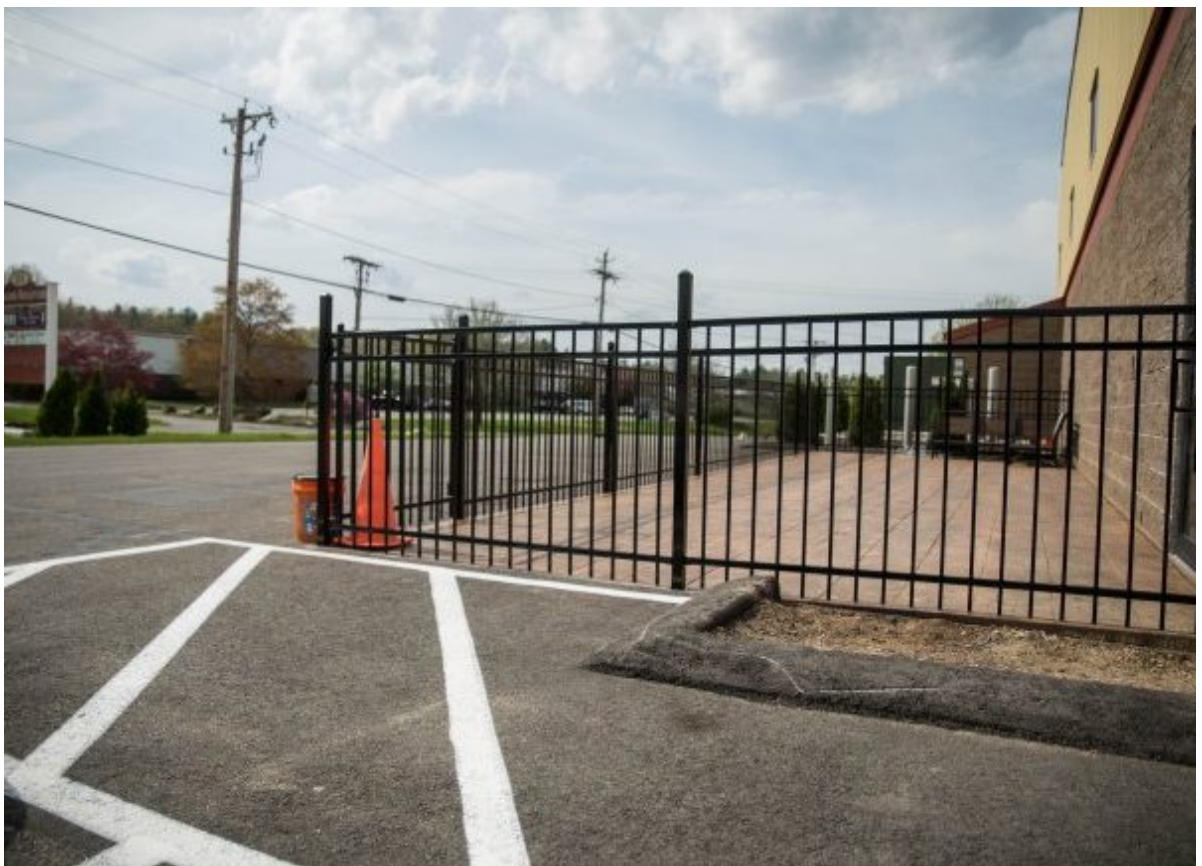
What makes Black Hat a great place to visit is their commitment to their beer as well as their fans. They take the time to chat with everyone, and once you've visited two or three times, they know you by name and even a little about you. They take pride in friendly service and serving some of the best beer the Bay State has to offer.

However, in the craft beer industry, it's not really a competition to serve the "best beer," since everybody has different tastes and like certain beers over others. Instead, the craft beer community takes steps to expose as many breweries as possible to the public so none go unnoticed.

Mulcahy and his team have helped with this by creating the annual South Shore Farmers Brew Festival, which returns for its second year this September. Last year's festival included a healthy balance of well-known brewers as well as those just starting out plus a homebrew competition for local homebrewers hoping to take the next step and open their own breweries. Oh, and all the proceeds are donated to area charities!

It's no wonder why these guys are expending both their physical footprint and production less than two years into operation. Every weekend more and more people are flocking to the brewery to try the newest beer on tap, and then bring some home with them in a 32 oz. or 64 oz. growler.

If you're not sure what to do one of these weekends, just grab some friends and head over to Black Hat Brew Works for an afternoon or evening of great beer and great company.



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Black Hat Brew Works

25 Scotland Blvd. #1

Bridgewater, Massachusetts

Phone: (508) 807-5172

Thursday & Friday: 4:00pm-8:30pm

Saturday: 12:00pm-6:00pm

Website: blackhatbrewworks.com

Facebook: facebook.com/blackhatbrewworks

Instagram: instagram.com/blackhatbrewworks

The Cult's Ian Astbury Talks About Life on the Road and Human Relationships Ahead of Band's First Show in New Bedford

For over three decades, The Cult has transcended across musical genres and retained thousands of devout fans as they kick off a world tour in support of their tenth studio album this month, *Hidden City*.

Change is expected over the years, but what remains constant is the core duo that continues to lead the band: lead singer Ian Astbury and guitarist Billy Duffy.

In support of their new album, The Cult is performing at the Zeiterion Performing Arts Center Tuesday, May 9th. In a recent conversation with Astbury, he shared his thoughts about countless years on the road, his new album and even Sony Walkmen.

Today, The Cult's tours aren't about promoting their albums or increasing exposure as much as it's about "sharing an intimate moment with people."

"The idea of promoting anything has gone by the wayside," Astbury said. "We sing for our supper. This is our livelihood."

This will mark the first time the band plays at The Z, but Astbury said every venue is different wherever they go and it takes a few moments to fully grasp the look and sound of the place.

The Cult has performed at every type of venue imaginable over the band's decades of creating music, but Astbury said it's more about the connection with the audience than anything else while on stage.

"I love playing seated venues and watching people get out of their seats," he said.

It's hard to imagine any part of the world Astbury hasn't seen over the course of his life.

"I've been traveling since birth essentially," Astbury said as he recounted first moving to Scotland with his mother before the age of one and traveling back and forth from Scotland, England and Canada during his childhood.

Even now, Astbury continues to travel across the world, often visiting areas of indigenous tribes. This worldview is often incorporated into the lyrics of The Cult's songs. Hidden City and the two previous albums (Born into This and Choice of Weapon) create a trilogy that examines contemporary world issues and compels the listener to look within themselves for reactions.

"We're responding to what we're seeing and experiencing," Astbury said. "There's lot of anxiety out there. A lot of

people asking, 'What's next?'"

The trilogy touches on topics of dystopia, economic struggles, social media and climate change among other things.

As with the themes found in the band's recent work, this conversation with Astbury focused on the need for people to just be human again. As we spoke of current global issues, he said the current method of violence and protest are not the proper methods of solving the world's problems.

"Change will come with communication," he said.

He went on to talk about debate and how it's a healthy way of understanding somebody else's perspective. He and his friends constantly debate about music and art and said they can get as heated as a debate over politics or sport teams. He believes the lack of face-to-face interaction today prevents the subtleties of traditional conversation and people are talking to each other rather than with each other.

Before the show, Astbury plans to take a stroll around the Whaling City (as he does in most cities the band plays) and seek out a place to pick up a new book or even some vinyl to add to his massive collection back home.

A brief chat on vinyl took a surprising sharp turn onto cassettes. Astbury said he welcomed the revival of the cassette tape and still has an original Sony Walkman. He said Walkmen were the ultimate way to experience music and life together. Some of his greatest memories were walking through the streets of London and stopping to chat with other folks also listening to their Walkman. A conversation could break out about what each other was listening to and they could even swap tapes to experience new music.

Once again, Astbury is able respond to a question with an answer touching on the importance of human interaction and self-awareness.

The Cult

With Special Guests: The Vowws

May 9th, 8:00pm

Zeiterion Performing Arts Center

Tickets beginning at \$39

<https://zeiterion.org/the-cult/>

HELP WANTED: City of New Bedford seeks to fill Assistant Recreation Leader (Seniors) Position

Pay: \$13.39hr – \$19.12hr

- Assists the Senior Activities Coordinator/Administrative Coordinator in developing, maintaining and supervising adult social day activities for senior citizens.
- Assists Senior Activities Coordinator with the operation of Adult Social Day Care Program by planning and leading daily activities. Also responsible to assist the Coordinator with recruitment of participants and volunteers.
- Assists the Coordinator with requests for the funding of special events.
- Assists with planning and coordination of special events.
- Responsible for monitoring the activities and response to activities of each participant in order to formulate a weekly progress note.
- Works as a member of the therapeutic treatment care team.

- Interacts daily with participants.

Must be resourceful, energetic, creative and motivating, with the ability to forge positive relationships with the public and staff. Excellent organizational skills and attention to detail. Strong verbal and written communication skills. Ability to listen to and communicate effectively. Ability to travel to and from all City Program Sites.

Possession of a valid Massachusetts Drivers License and good driving record. Operates a motor vehicle on a regular basis. Must have a Criminal Offender Record Information (CORI) check, mandatory by MGL Chapter 6 Sec. 172C. Must be certified and maintain certification in CPR and First Aid.

For application/complete job description, please visit www.newbedford-ma.gov or contact the Personnel Dept., 133 William St., Room 212, 508-979-1444. Applications will be accepted until a suitable candidate is found.

New Bedford has a residency requirement. EEO

FREE screening of the documentary “Being Mortal” followed by an expert panel discussion

Renowned surgeon and author Atul Gawande explores how the medical profession can help people navigate the final chapters of their lives with confidence, direction and purpose in his critically acclaimed book *Being Mortal*. Gawande teams with

FRONTLINE (PBS) to bring his personal journey, and the stories of his patients and their families to life.

“You don’t have to spend much time with the elderly or those with terminal illness to see, over and over and over again, how medicine fails the people it is supposed to help,” says Gawande, who practices at Brigham and Women’s Hospital and Dana-Farber Cancer Institute in Boston.

Two years in the making, Being Mortal shows how many doctors, including Gawande, struggle to talk honestly and openly with their patients who are dying. From the Indian hometown of Gawande’s father, whose prolonged dying process catalyzed Gawande’s quest to better understand end-of-life care, to the bedsides of patients in Boston who are navigating the ends of their lives, Being Mortal is an intimate and revealing journey with relevance to us all.

After the film screening, join us for an expert panel who will discuss end-of-life issues and answer audience questions. Moderated by Dr. Michael Rocha, Cardiologist of Hawthorn Medical, the panel will include Dr. Elizabeth Blanchard Chief Medical Oncologist of Southcoast Cancer Center, Dr. Amy Molis, Intensivist of St. Luke’s Hospital and Patricia Geggatt-Midurski, RN CDP of Community Nurse Home Care.

Being Mortal screening and panel discussion 6:30 pm on Thursday, May 4, 2017 at New Bedford Whaling Museum. Open to the public. CME and CEU credit available for physicians and nurses. For more information contact Community Nurse Home Care at (508) 992-6278.

**Community Nurse Home Care
and
The New Bedford Wellness Initiative
Present**

Being Mortal

Helping Patients Write Their Story at the End of Life

Thursday, May 4th 2017

**New Bedford Whaling Museum
Screening Starts Promptly at 6:30pm**

Panel discussion to Follow

Panelists Include

**Dr. Elizabeth Blanchard, Chief Medical Oncologist, Southcoast Cancer Center
Dr. Amy Molis, Intensivist, St. Luke's Hospital
Patricia Midurski, RN CDP Community Nurse Home Care**

Moderated by

Dr. Michael Rocha Cardiologist, Hawthorn Medical Associates

2 CME Credits for Physicians & Nurses

FRONTLINE follows renowned *New Yorker* writer and Boston surgeon Atul Gawande as he explores the relationships doctors have with patients who are nearing the end of life. Discuss questions about life prolonging medical procedures and complex decisions about end-of-life care.

**Please register by May 2nd
Joanna Viera 508-717-0703**

**Community Nurse Home Care | 62 Center Street | Fairhaven, MA | 02719
508-992-6278 | www.communitynurse.com | info@communitynurse.com**

About the New Bedford Wellness Initiative

The New Bedford Wellness Initiative's mission is to raise

health awareness, prevent chronic disease and promote recovery from illness through healthy living. This initiative was started by local cardiologist Michael Rocha in 2014 to unite the community's resources around a common mission of health and wellness. New Bedford Wellness Initiative is dedicated to promoting wellness around the community, including a free program each Sunday at the Boys and Girls Club with free health and wellness programs.

About Community Nurse Home Care

Community Nurse Home Care (CNHC) is an independent, not-for-profit homecare agency trusted by the communities of southeastern Massachusetts since 1916. Our vision is to educate, engage and empower the community to better their health. Community Nurse offers award-winning, compassionate, personalized health care through a continuum of services including Visiting Nurse, Advanced Illness Management, Hospice, Wellness and Private Care Services.

Community Nurse Home Care

62 Center Street

Fairhaven, MA 02719

(508) 992-6278

info@communitynurse.com

www.communitynurse.com

R&W Rope's Rope Fest 2017

Did you make it out to R&W Rope's Rope Fest in New Bedford this past weekend? Here's a highlight reel of the event to include arborist demonstrations and a rescue demonstration ...

Community meeting to discuss design plans for Abolition Row Park to be held May 4

The public is invited to a meeting to discuss design plans for a new park planned at the site of two former historic homes at the corner of Spring and Seventh streets in New Bedford, across from the Nathan and Polly Johnson House, home of the New Bedford Historical Society.

On Thursday, May 4, 2017 at 5:30 p.m. at New Bedford Friends Meeting House at 83 Spring Street, plans for Abolition Row Park will be discussed with input from the community. The park, located in a neighborhood known as Abolition Row for its connection with Nathan and Polly Johnson and New Bedford's other leaders in the abolitionist movement, will celebrate interracial and intercultural collaboration.

The discussion will be led by COGDesign of Cambridge, a firm that has been engaged to create the Master Plan for the site. Designers will walk the attendees through the park plans and address questions from the community.

Development of the park is a collaborative effort between the City of New Bedford and the New Bedford Historical Society, along with other local partners.